

## HER STORY | Week 5

### HANGOUT

1. Slowly read Jo Saxton's question out loud a couple of times: "Who were you before anyone told you who you were supposed to be?"
2. Discuss:
  - How old were you the first time you remember caring about what someone else thought of you?
  - What would your life be like if you didn't care what other people thought of you? What would you do that you're not currently doing?
  - What would your life be like if you fully lived out who God intended you to be?

### HEAR

3. Look up and read Genesis 2:18.
4. Discuss:
  - Does anything stand out to you in this verse? If so, what is it?
  - What does the word "helper" mean to you in this context?
  - Does "helper" indicate a less-than mentality?
5. Review that "helper" in Hebrew means "ezer", which is defined as:
  - To rescue
  - To save
  - To be strong
6. Discuss:
  - How does the Hebrew meaning change how we value women today?
  - What does it mean to you when the Bible says you were created in God's image? (see Genesis 1:26-27)
  - Jo Saxton stated, "Whose you are will tell you who you are." What does this mean to you?
  - What would it look like for men and women to partner and live out God's Kingdom the way he intended it to be?
7. Pause to highlight any significant points that have made or to clarify as needed.

### HUDDLE

8. Quote Jo Saxton: "We live from the inside out; we don't live beyond what we believe about ourselves. If we feel unworthy, inadequate, too much or not enough—that will affect how we build relationships, how we love, how we handle (or avoid) conflict, and how we lead and engage with life. It's vital that we know who we are and what we're living for. And that starts with knowing our Creator's vision of us."
9. Discuss:
  - What stands out to you in this quotation?
  - What's one step you can make this week towards knowing who you are in God?
  - What might it look like to step out of cultural norms to live out God's calling for you?
10. Pray together about what the students have shared.