

*This series focuses on how we speak about Jesus to the people around us: at home, at school, and with those we rub shoulders with throughout our days.*

## HANGOUT

1. Discuss:
  - What's one highlight and one lowlight of your week?
  - During this past week, did you have any conversation about faith or what you believe?
  - For the most part, how do people know what you believe? How do you know what others believe?

## HEAR

2. Look up and read Matthew 5:13-16 together.
3. Discuss:
  - Did anything stick out to you in this passage?
  - What comes to mind when you're told to be salt?
  - Has anyone been salt or light to you? Who? How?
4. Look up and read Colossians 4:5-6.
5. Discuss:
  - How do these verses influence our understanding of being salt? What might this look like in a conversation?
  - In which ways do you think you might "hide your lamp under a bowl"?
6. In partners, take turns asking each other challenging questions about faith, religion, and spirituality (e.g., Why do you believe in God? Why is there so much suffering if God is good? What do you believe about God? Do you really believe the Bible is true? Do you believe God tortures people forever in Hell? Aren't all religions basically the same?). Try to answer every question by "Sneezing Jesus". Begin by saying, "Jesus, and here's why I say that..." or "Love, and here's why I say that...". See how many questions you can answer this way.

## HUDDLE

7. Check in with everyone in your huddle and see how they're doing.
8. Pray for one another about what was shared.