

*This series highlights the peace teachings of Jesus and how they can shift the ways we act and react in our everyday lives. This week focuses on humility as the first step toward peace.*

## HANGOUT

1. Discuss:
  - Who would you describe as humble? Why do you view them that way?
  - Think about someone who's humble versus someone who's very prideful. Who do you enjoy being around more? Why?

## HEAR

2. Look up and read Romans 12:3-4 together.
3. Discuss:
  - Why do you think Paul warns us not to think of ourselves more highly than we should? Is this something you tend to do? Is there a certain area where you do it more?
  - A key aspect of humility is appreciating the full body of Christ, and our role as one part of it. What do you think Paul means when he says the members belong to each other, rather than saying we belong to Christ (which is equally true but not his point here)?
  - If you belong to me and I belong to you, what does that say about the assumptions we make and how we treat each other?
4. Look up and read Luke 14:7-14.
5. Discuss:
  - How can we practise this principle of taking the lowest place in life without it becoming a way to look good and get recognized as appearing humble?
  - How can inviting and hosting and loving and serving and befriending and hanging out with "uncool" people help us grow spiritually? When can you do this?
6. Point out that we enjoy being around humble people. One of the reasons Jesus was so amazing to be around during his time on earth was that while being fully God, he was still very humble. We should think about that the next time we feel like bragging!
7. Discuss: How can we practically work to be humbler? (e.g., go out of our way to encourage or thank someone else, taking the focus off ourselves and replacing it with gratitude)

## HUDDLE

8. Consider inviting each person to make a gratitude list of three to five people whom they commit to thanking or encouraging in some solid way this week.
9. Pray for your group, including their requests, their burdens, and the week ahead.